

WARVRA Newsletter


WARVRA

PRESIDENT'S REPORT

The coming year is going to be a very interesting and exciting year for us all with four more CRIS (Consultation Regulatory Impact Statement) discussion papers to follow the two papers which are currently available. I do understand that the process is slow and frustrating for some members, but this is necessary because of the complex nature of the legislation, and the necessity to produce the best and fairest legislation possible. Please remember that the CRIS papers are consultation papers and the views expressed are not necessarily those of the Government. After the consultation process is complete, position papers will be prepared to indicate the Government's position on the proposed legislation.

At the Annual General Meeting, which will be held on 14 February, we will be electing a new Council. I would like to express my appreciation to all members of the current Council, which started as the Committee of Management, but due to the changes to the WARVRA Constitution is now the Council. We have lost some valuable members throughout the year, but have continued to address WARVRA matters in a professional manner. I thank all Council members for their assistance throughout 2019. I would also like to thank Noelline Edwards for her work in the preparation of this newsletter throughout the year. We try to provide you with an interesting and relevant publication and Noelline does a great job in putting it all together, often on a very tight timeline.

Dave Porter has done a great deal of work for WARVRA throughout 2019 and I believe that the distribution of invoices will operate smoothly this year. We do, however, rely very heavily on email addresses to provide us with contacts in villages, so please help us in this regard. On the WARVRA website, Dave will also provide information on scams. Thanks Dave for your work and assistance.

Council has also decided to conduct a two day training course probably mid-year on dates to be decided. This course will contain a lot of information about CRIS discussion papers as we are moving into a transition period where the old legislation will continue to apply, as we anticipate and prepare for the changes in the new legislation. Please watch out for the announcement

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THE ANNUAL GENERAL MEETING

of WARVRA will be held at

Department of Mines, Industry Regulation and Safety
Exhibition Hall. Second Floor 140 William St, Perth.

FRIDAY 14th FEBRUARY 2020 • 10am

REPORTS

President - Ron Chamberlain*

L&A Committee - Ron Chamberlain*

Membership Convener - Bernie Frayne

Treasurer - Corry Knappers*

Annual Report to 31/12/2019 - 2019 Expenses Detailed

- Term Deposits as at 31/12/2019

- Auditors Report*

(*To be taken as read. See January 2020 Newsletter)

ELECTION OF COUNCIL

Election of Members

Introduction of newly elected members

MORNING TEA BREAK

GENERAL BUSINESS

Q & A with Staff from Consumer Protection.

Nominations for WARVRA Council 2020

At the close of business on 24th January the Secretary had received the following nominations for 10 positions:

Ron Chamberlain – Joseph Banks Village Canning Vale

Lindsay Lane – RAAFA Cambrai Village

Maureen Miller – Regents Garden Bungalows Aubin Grove

Corry Knappers – Teranca Mews Village Greenfields

Alexis Beardmore – RAAFA Village Bull Creek

Eugene Browne – Juniper Village Rowethorpe

Barry Butterworth – Settlers Lakeside Village Ravenswood

Francis Egan – Belswan Village Pinjarra

Christine Jordan – Lisle Village Mt Claremont

Ronald Onions – RAAFA Cambrai Village

WARVRA Council Directory

NAME	ROLE(S)	PHONE	MOBILE
Ron Chamberlain	President Convener, L&A*	08 9456 4598	0447 315 160
Lindsay Lane	Vice President	9304 5183	0421 989 625
Maureen Miller	Secretary	-----	0424 208 873
Corry Knappers	Treasurer	08 9550 4964	0488 059 103
Bernie Frayne	Convener, Membership	9305 9067	0491 114 451
Jill Cooper	Membership	9535 1788	0408 846 030
Lexie Beardmore	L & A	08 9311 4319	0406 539 720

Regional Committees Directory

NAME	POSITION	PHONE	MOBILE
Monika Cull	Convener (Great Southern)	08 9843 3786	0407 691 975
Ron Sparks	Co-Convener (South West Busselton)	08 9754 2614	0427 002 614
Dianne Wilson	Co-Convener (South West Bunbury)	08 9724 4889	-----
Colin Edwards	Convener (Peel)	08 9535 6005	0427 247 514
John Lewis	Convener (Mid West)	-----	0408 939 615 0437 780 798

Legislation & Advocacy Report

CRIS-2 was released just prior to Christmas so we have had plenty of reading time before the L&A Committee starts work on preparing a response to this important document. CRIS-2 contains many of the issues which affect current residents, so it should be of great interest to all village residents.

These issues are: EXIT ENTITLEMENTS, BUDGET OBLIGATIONS, CAPITAL WORKS FUNDING, REFURBISHMENT OBLIGATIONS, OPERATING STRUCTURES OF RETIREMENT VILLAGES and OPERATOR CONDUCT OBLIGATIONS.

The CRIS-2 document is available using the links from either WARVRA or Consumer Protection website.

In order to make the legislation both fair and workable for residents and operators, the complex issues contained in each of these topics must be addressed.

No doubt, many residents have opinions on these subjects, and in order for WARVRA to prepare a response which represents members, the L&A Committee would like to receive considered comments about any of these topics from members. Comments are best sent to ronlyn_2@bigpond.com and I will ensure that these emails are sent to L&A Committee members for consideration and

discussion. The next L&A Committee meeting is scheduled for Friday 31 January and the WARVRA response to Consumer Protection is due on Friday 13 March 2020. I look forward to receiving your comments on the above topics.

I would like to thank the members of the L&A Committee for their dedication and hard work throughout the year. We were unsure as to what to expect prior to the release of CRIS-1 in late July but I think that we provided a quality response to that paper, thanks to Des Cousins and the Committee. Members of the L&A Committee have had regular meetings with the Commissioner and Senior Officers of Consumer Protection and we have developed a very good relationship with the Department and thank them sincerely for their assistance. We also want to thank Consumer Protection for arranging meeting rooms and facilities to be made available to our organisation.

Des and I have also met with the Minister and the Retirement Living Council; as well as other peak organisations which represent the many operators of retirement villages in Western Australia, to identify major issues and accelerate the CRIS process. We expect that another meeting will be held in February, involving Consumer Protection, Retirement Living Council, WARVRA and the peak bodies.

Ron Chamberlain, Chair, L&A Committee

PRESIDENT'S REPORT

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of the dates. Places will be limited as we are restricted to a room for twenty people. WARVRA regards these courses as an important part of our planning for the future as we hope that many of the participants will take an active part in their village residents' committee or serve on the WARVRA Council.

Regional Meetings are an important part of the WARVRA agenda as we wish to keep our members from Geraldton to Albany well informed in matters which may concern them throughout the year. I would ask Regional Co-ordinators to provide a list of possible dates and a venue for the April/May period and I will make every effort to attend. As mentioned above I would like to listen to your issues and concerns so that the Council is member focused in all our deliberations.

The final session of the AGM will involve Consumer Affairs in a presentation and discussion on CRIS-2. Members will have an opportunity to ask questions and express their views on the topics covered in CRIS-2

There may be some non-members of WARVRA who have taken the opportunity to read this newsletter. I would encourage residents of retirement villages to make arrangements for WARVRA to visit your village so that we may present the reasons why your village should join our organisation. The cost is only \$2 per villa for your village to join or residents may join as individuals for \$10 per annum.

WARVRA represents the residents of all retirement villages in Western Australia but we cannot adequately support your views on legislation or other issues if you are not a member.

Ron Chamberlain
President, WARVRA.

Treasurer's Report

for period ending 31 December 2019

Year to date

Opening Balance 1 Jan 2019 7,254.54

Receipts January December 2019

Village Memberships 18,204.00

Individual Memberships 1,310.00

Associates 745.00

Bank Interest 12.60

Bond refund received 100.00

TOTAL RECEIPTS 20,371.60

Expenditure January - December 2019

General 13,665.43

TOTAL EXPENSES 13,665.43

Closing Balance 31/12/2019 13,960.71

Total Funds ANZ Bank account 13,960.71

Plus Westpac Business Cash Reserve 2,208.20

Plus Term Deposit Investments 47,287.50

Total Funds 31/12/2019 63,456.41

John Ireland
Unit 60 , 22 Carnegie Place
Greenfields, WA 6208
Phone (08) 9535 5535 or 041 889 8122
Email : jiireland@bigpond.com

4th January 2020

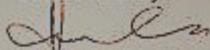
To Whom it May Concern,

This is to certify that I have undertaken an audit of the financial records of the Western Australian Retirement Villages Association Inc. as at the 31st December 2019 and have found them to have been maintained in accordance with current accounting standards and believe them to be true and correct view of the organisation's financial affairs as at the 31st December 2019.

It should be noted that the audit was restricted to those financial accounts and reports provided by the Treasurer and I am unable to verify the asset list as I did not undertake a physical examination of those assets.

I commend the Treasurer on the manner in which the financial records and reports to the Management Committee have been maintained.

Yours Faithfully



John Ireland AASA (ret) ACIS (ret)

PLEASE NOTE

The sending of the 2020 Membership and Associates invoices is in progress.

Please ensure that the Invoice page with complete details is forwarded to Treasurer Corry

COTA (WA) and the Living Longer Living Stronger™ (LLLS™)

Council on the Ageing Western Australia has been operating in WA since 1959 as the Peak Body for seniors. The Living Longer Living Stronger™ program is delivered by COTA (WA) and was introduced in 2004. LLLS™ is one of the most successful programs of COTA (WA).

Living Longer Living Stronger™ is an evidenced strength-based program that encourages and supports the achievement in improved health, quality of life and fitness in people over 50 years. It was designed by Sports Scientists to build muscle, improve balance and reduce chronic illness. It has been running for over 15 years and helps up to 3,500 older people per year in Western Australia.

Active Ageing is a priority area for COTA (WA) and the Living Longer Living Stronger™ program is a perfect example of this with proven impact on the following conditions:

- Arthritis
- Sleep Disorders
- Type 2 Diabetes
- Bone Density/Osteoporosis
- Cardiovascular Function/Disease
- Functional Strength/Muscle Mass
- Balance/Gait/Falls Prevention
- Cognitive Function
- Cancer therapy and recovery

A few of benefits have been identified in relation to participation on the LLLS™ program such as:

- Improvements in the quality of life, physical health and mental health of participants
- Increased capacity to undertake the activities of daily living among participants, including those participants receiving community services and residential aged care facilities

Our providers are trained professionals.

- Tier 1 providers are clinics with accredited exercise physiologists or physiotherapists.
- Tier 2 providers are gyms with accredited fitness instructors.

We have mobile providers in both Tiers. All instructors for both tiers must have completed the accredited LLLS™ Instructor Course.

In addition to being a physical exercise program, LLLS™ promotes social engagement for participants. This is important because of the emerging evidence of the detrimental effects of social isolation on physical and mental health.

The LLLS™ program seeks to:

- Create affordable, sustainable opportunities for older people to participate in strength training within their local communities
- Increase social and community engagement by participants
- Increase awareness in the benefits of appropriate strength training for people with a wide range of health issues and fitness levels

In February 2020 we are relaunching the Living Longer Living Stronger™ brand to Strength For Life with the slogan Live Longer Live Stronger. The program itself does not change and still continues with the same values and principles.

If you have any enquires about our Living Longer Living Stronger™ program, you can contact our LLLS™ Program Manager, Kairi Watty at COTA (WA) on (08) 9472 0104 or email at kairi@cotawa.org.au.

WARVRA Newsletter - Next Issue 24 APRIL 2020.

All contributions should be received by 17 APRIL 2020. Contact Secretary for more information. (See Directory at top of page 2 of this issue.)